



# Nepal Aradhana Samaj ( Karuna Bhawan )



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## Merry Christmas and a happy new year



May the grace of Our Mighty Father be with you all during this eve of Christmas. Have a blessed Christmas and a happy New Year.

## Care and Support for HIV Infected Women & children, Godavari

### Treatment

All in-housed inmates underwent regular medical checkup and medication. Their health status is satisfactory. 12 HIV infected inmates (7 women and 5 children) referred for routine CD4 count test.

### Goodbye Load shedding

A solar backup system has been installed in the building to bid good bye to load shedding. Hearty thanks to Caritas Nepal for their noble support for installation. Regular power cut especially during the night caused a great hindrance for smooth continuation of



children's studies. Now with the installation of solar system their studies, eating and other activities are going on without any disturbance.

### Water crisis over

Renovation of existing small well was done with the generous support of Caritas Nepal. Now plenty of water is available for both the domestic use and the vegetable cultivation.

## Teej Festival celebrated

Women staff members of Standard Chartered Bank visited Karuna Bhawan to



celebrate Teej with in-housed women and children. It was a colourful celebration with dancing and singing which lasted for two hours. Visitors distributed some gifts to inmates on this occasion.

## Children's Day celebration

Our children observed children's day jointly with children of Karuna Kinderhaus.



They absorbed the audience completely with the magical spell of their dance, play, songs.

## Happy B'day to Amrita

Amrita Pandey celebrated her 9<sup>th</sup> birthday on 21<sup>st</sup> September. She is the only one not attending the school due to her ill health. It was a memorable day for her. Karuna



Bhawan family members sang birthday greetings and wished her a very happy birth day from bottom of their heart. With much enthusiasm Amrita cut the B'day cake.

# Happy Birth Day

## Care and Support for HIV Infected People, Birgunj

### Care Home



A bliss for HIV infected people who come from remote areas of Parsa and adjoining districts to get medical treatment.

59 HIV infected people comprising 31 male and 28 female received the care home services like in-house staying, food, nursing care, psychological counseling etc.

### Treatment

During the last three months HIV infected people (95 male and 85 female) received medical treatment for opportunistic infections. Dr. Manoj Kumar Gupta visits the centre

twice a week to conduct periodic medical checkup. In between our paramedic staff Ms.



Punita Sah handles day to day clinical activity. Major cases are referred to better centre normally local Sub regional

hospital for treatment.

45 HIV infected people (22 male and 23 female) underwent CD4 test (normally done twice a year to check CD4 count). Level of CD4 indicates the immunity strength as well

taken as a one of major criteria to start HIV medication (ARV).

### Community awareness

During the period July to October Nepal Aradhana Samaj conducted 2 events of community sensitization program on HIV/AIDS and 3 events of group counseling in the target localities to raise awareness on HIV/AIDS among the community people. As a result of intensive community level work done by Nepal Aradhana Samaj, Birgunj 87 people



opted for VCT (Voluntary Counseling and Testing). Among them, 21 people were found HIV infected belongs to Parsa and adjoining districts. All these newly found infected people were given needed medical treatment as well as psychological counseling to boost their physical as well as mental health and were also advised to visit care home at least once a month for their medical checkup.

### 9 PLHA put on ART

Out of 45 ( 22 male and 23 female) HIV infected people referred for CD4 test, 9 persons (5 male and 4 female) were reported with low CD4 count and put on Anti Retro Viral Therapy (ART). They were administrated startup dose under vigil supervision of our medical staffs at care home for 14 days.

### Educational Material Support

Educational materials distribution program was organized with a purpose to meet educational requirements of school going children of HIV infected parents. Sr. Rose and



other distinguished guests distributed stationeries and other educational materials to 20 HIV infected and affected school goers. Such support helps a lot these marginalized and disadvantaged people to continue their studies smoothly.

## Karuna Kinderhaus, Godavari

### Children's day - Sep-14

Children's day was celebrated on 14<sup>th</sup> of September. It was jointly observed by the children of Both the Karuna Kinderhaus and the Karuna Bhawan in Karuna Kinderhaus premises.

The board members of our Society- Nepal Aradhana Samaj were present for the celebration.



The children had performed a marvelous cultural program with high degree of enthusiasm. For each show they were highly applauded and cheered by the spectators. Cultural program

followed by the competitive games made the day colourful. The Children's Day program ended with tea and snacks in a amicable environment.

### Chicken coop

A chicken coop is built in Karuna Kinderhaus. The chickens are already in and started laying eggs. The coop can accommodate more than 30 chickens which is a great help for children to have fresh eggs.

### Music class

It was a long cherished dream to see our children with impressive musical abilities. Finally we could find gifted musical teachers to teach them different musical instruments like key board, guitar, flute, tabala, and tripple. They had taken a demonstration class which inspired the children to have their own choice of instrument. The facility is also extended to

the HIV/AIDS infected children from Karuna Bhawan. The class will continue in every Saturdays.

### Teej Celebration

Karuna Kinderhaus warmly and lively celebrated Teej. It was really beautiful to see the children from youngest to the eldest in colourful sarees. They also had khir (sweetie snacks in liquid form) for snacks. The whole day was entertaining for them with singing and dancing.



## Karuna Education Support, Nakkhu

### A trip to central zoo.....

Besides other ongoing activities, a one day trip to central zoo was organized on the occasion of Children Day for the beneficiary children with objectives to acquaint them with nature



and habits of animals and also to have fun and pleasure. A total of 80 children (39 Male and 41 Female) gather at Karuna Bhawan premises around 10.30 A.M. Children were instructed

not to tease animals and obey the rules and regulations during their visit. All children were very much interested to know about these animals.

After seeing animals



children reached at Children Park situated inside zoo. All enjoyed different types of swings, sliders with great fun for 30 minutes. By this time all children enjoyed the visit to its extreme. Around 2 P.M. refreshment pack was distributed to each child.

They again started enjoying the visit after getting refreshed and recharged. In the evening we packed up the visit and children returned their home with glowing face and pleasure.

## Oral Health Checkup program

On Nov 10, 2012 a oral health checkup program was organize to assess oral health status of our beneficiary children. All together 65



children (30 boys and 35 girls) underwent oral screening by a team of doctors. After oral health screening, all children were given

orientation about how to keep their oral health good through power point presentation and flip card. At the end of program a set of tooth brush, tooth paste and napkin is given to each participant children.



## Photo Gallery

Merry Christmas



Happy New year 2013